



# 8K RUN • 1 MILE FUN WALK

\*\*\* RRCA Southern Region 8K Championship\*\*\*

USATF Certified 8K Course



[www.runawayrace.com](http://www.runawayrace.com)

## St. Vincent's One Nineteen Health & Wellness

7191 Cahaba Valley Road

(205) 408-6600

**October 23, 2010**

### Registration Fees:

- **\$20** individual Runner/Walker – Before October 1
- **\$25** individual Runner/Walker – October 1 til race date
- **\$15** student Runner/Walker

### Schedule rain or shine – no refunds:

- 7:00 a.m. late registration
- 8:00 a.m. 8k to begin
- 9:00 a.m. 1 mile fun walk to begin
- 10:00 a.m. Awards

• REGISTER ONLINE AT: [active.com](http://active.com)

• REGISTER AT ST. VINCENT'S ONE NINETEEN

• PRE-REGISTERED PACKET PICK UP:

OCT. 21<sup>ST</sup> AND 22<sup>ND</sup>, ST. VINCENT'S ONE NINETEEN

**Make Cks to: H.H.S. Auxiliary (EID#65-1294009)**

**Mail bottom form & entry fee to:**

**St. Vincent's One Nineteen Health & Wellness  
7191 Cahaba Valley Rd, Birmingham, AL 35242**

Name \_\_\_\_\_ Male/Female \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Age \_\_\_\_\_ Shirt Size: Child M L XL

Amt. Pd \_\_\_\_\_ Date \_\_\_\_\_ 8K \_\_\_\_\_ Walk \_\_\_\_\_

Credit Card: MC VC AMEX # \_\_\_\_\_ V# \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Check # \_\_\_\_\_

### ASSUMPTION OF RISK & HOLD HARMLESS AGREEMENT

The undersigned, \_\_\_\_\_ ("Participant"), desires to voluntarily participate in the Hannah Home Shelby Community Run on October 23, 2010 (the "Event"), being held in and throughout common areas of the Greystone residential neighborhood (the "Premises"). Participant understands that by participating in the Event that he/she will be using private streets and facilities where hazards may exist, and he/she is aware of and appreciates the risks that may result from his/her use of those streets and facilities. He/she is also aware that accidents or illness can occur during road running and that he/she may be seriously injured or killed as a result.

In consideration of being permitted to enter upon the Premises and participate in the Event, the Participant hereby acknowledges the potential dangers involved and expressly agrees to assume all risk of injury, death, or property damage in connection with his/her entry onto the Premises and participation in the Event. **Participant understands and acknowledges that as a condition to his/her participation in the Event, he/she releases, remises, holds harmless and forever discharges Greystone Residential Association, Inc., Greystone Legacy Homeowners' Association, Inc., and their employees, officers, directors, agents, representatives, affiliates, and any parties volunteering on behalf thereof (collectively, the "Greystone") and Hoover Police Department from all liability, actions, claims, damages, costs, fines, penalties, expenses, or lawsuits of any kind arising from or related in any way to the Participant's participation in the Event and entry onto the Premises for such purpose.**

The execution of this agreement constitutes a full and complete release of Greystone for all costs or damages which may be incurred as a result of Participant's decision to participate in the Event.

By executing below, the undersigned acknowledges that he/she is authorized to sign this agreement; that he/she understands the terms herein are contractual and not mere recital; and that he/she has signed this Assumption of Risk and Hold Harmless Agreement voluntarily. The undersigned understands that **THIS IS A RELEASE OF LIABILITY.**

Signature \_\_\_\_\_

Date \_\_\_\_\_